

*DREAM · DARE · DEFY*

# GAP-YEAR PROGRAM

Madrid 2025-2026

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Welcome, those who **DREAM** bigger  
Who aren't afraid to sacrifice, to struggle, to grow

Welcome, those who **DARE** to push beyond their limits  
Who know what it means to win —

And are willing to fail a thousand times to feel that victory again

Welcome, those who **DEFY** expectations...



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## OUR MISSION

At Pro-Vía Academy, our mission is to empower elite student-athletes to achieve their fullest potential on and off the field. By providing world-class football experience, academic enrichment, and cultural immersion in Spain, we cultivate the skills, discipline, and global perspective necessary to succeed in collegiate, professional, and life endeavors.



## OUR VISION

To be the premier global destination for aspiring elite football players, cultivating extraordinary talent, academic growth, and cultural awareness through a transformative residency experience.





# WHO IS THE GAP-YEAR PROGRAM DESIGNED FOR

## Unlock Your Potential with Pro-Vía Academy A Year of Growth, Development, and Opportunity

The Pro-Vía Academy Gap-Year Program is designed for ambitious student-athletes who want to take a dedicated year to focus on personal, academic, and athletic development. Whether you are preparing for college, seeking professional opportunities, or simply refining your skills, this program provides the ideal environment to reach your full potential.

### High School Graduates Taking a Growth Year Before College

Many students choose to take a gap year before starting college to focus on self-improvement, skill development, and gaining life experiences. If you're a recent high school graduate looking to:

- Elevate your football abilities with professional coaching and high-level competition
- Experience international training in Spain, a global hub for football excellence
- Stay academically engaged through remote coursework or language programs
- Build maturity, independence, and confidence before transitioning to college or beyond

Then this program is the perfect fit for you.





## Players Looking to Gain Exposure College and Professional Recruitment Opportunities

The NCAA's evolving eligibility rules now allow student-athletes more flexibility without counting against their four-year university eligibility. If you're aiming to:

- Gain visibility with college scouts and professional clubs
- Train in a highly competitive football environment to refine your game
- Increase your chances of securing a scholarship or recruitment offer

Then this program provides the perfect stepping stone to achieving your next-level ambitions.



## Junior College (JC) Students Completing Coursework Remotely

For junior college players who are currently enrolled in remote or online programs, Pro-Via offers an opportunity to continue their studies while training at an elite level. If you:

- Want to improve your skills to increase your chances of transferring to an elite college program
  - Need to stay competitive and maintain peak performance while completing your coursework online
- Are looking for a structured, high-intensity training environment while pursuing your academic goals

This program offers the flexibility and resources to support your dual pursuit of football and education.

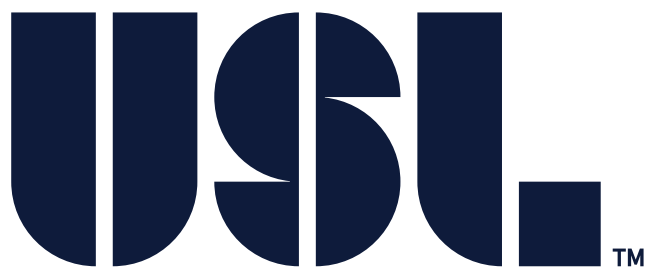


# REAL RESULTS: ATHLETE JOURNEYS

## ALEX ARANEDA

### SIGNED: PHOENIX RISING

Alex joined Craq FC residency (now Pro-Vía Academy, LLC) for the 2024/2025 season. He was playing for Tres Cantos CDF senior team in the Spanish 3 RFEF league. Through Pro-Vía's deeply rooted network, Alex landed a trail at Phoenix Rising (USL) which he converted into a pro contract.



## ALEX LUGO

### COMMITTED: CAL STATE FULLERTON

Alex joined Craq FC residency (now Pro-Vía Academy, LLC) for the 2024/2025 season. He is currently playing for Tres Cantos CDF U19 team in the same league as Real Madrid and Atletico Madrid's U19 C teams. Through Pro-Vía's connections, Alex has verbally committed to Cal State Fullerton where he will commence his studies August of 2025 after completing his season in Madrid.



# STAY IN THE HEART OF MADRID

The Gap-Year Program is based in Madrid, Spain, a city known for its deep football culture and world-class training facilities. As the home of some of the most prestigious football clubs, including Real Madrid and Atlético Madrid, Madrid offers an inspiring and competitive atmosphere for young athletes. The city provides an ideal blend of top-tier sports infrastructure, rich history, and vibrant lifestyle. Participants will have the opportunity to train in elite facilities, experience the local soccer culture firsthand, and explore one of Europe's most exciting cities.





# THE PROGRAM AT A GLANCE

## Elite Football

- Professional Coaching: Train under UEFA- A licensed coaches with experience in professional and collegiate soccer.
- Competitive Matches: Play against high-level RFEF teams to sharpen your skills in league matches..
- Performance Development: Access to strength and conditioning programs, recovery support, and tactical training.

## Academic Flexibility

- Online Coursework Support: Maintain academic progress while focusing on football.
- Language & Cultural Immersion: Learn Spanish and experience life in Spain to broaden your horizons.

## Personal Growth & Life Skills

- International Experience: Live in Spain, develop independence, and adapt to a new culture.
- Leadership & Teamwork: Strengthen leadership abilities and teamwork skills through structured training and mentorship.





# THE FOOTBALL

Unlike programs that form their own teams with their residency academy players, we place you directly within established RFEF clubs, providing an authentic and competitive environment.

## RFEF Clubs

- Players are rostered with various Spanish clubs to train and play in official Spanish Leagues' matches.
- Complete immersion in the fast-paced, technical, and tactical style of Spanish football.
- Developing in real match experience, elevating one's profile, and improving recruitment opportunities.

## La Liga Training

- Professionally run training sessions by UEFA-A licensed certified coaches identical to top club programs to refine technical skills, tactical awareness, football IQ, and individual development.
- With a focus on speed of play, adaptability, and resilience, our program ensures players are pushing their limits and developing to new levels.





## Individual Monitoring and Development

- Our Sporting Directors monitor each player's progress and analyze their game.
- Training sessions are tailored to improve weaknesses and hone strengths.
- Individualized feedback and performance evaluations to ensure steady improvement.
- Focused technical, tactical, and mental training to maximize potential.

## Public Profile Creation

- Our Sport Directors create and update a publicly available profile for each player that can be shared with clubs/schools.
- Gain access to game recordings including personalized highlights



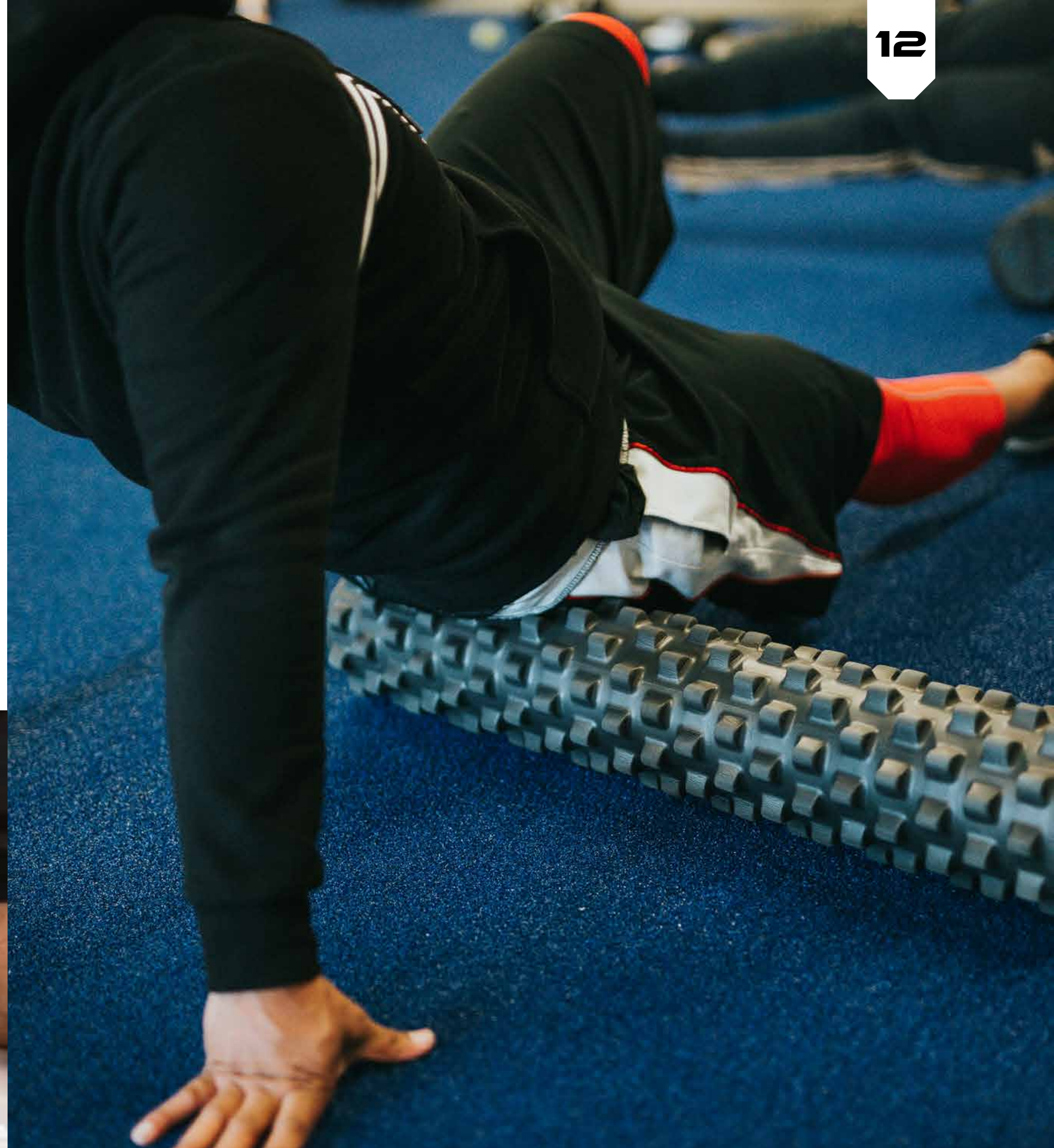


# PLAYER WELLBEING

## A Holistic Approach

At Pro-Vía Academy, we believe in a holistic approach to player development, ensuring success both on and off the field. Our athletes have access to an elite network of professionals, including experienced physiotherapists, mental performance coaches, sports nutritionists, strength and conditioning coaches, and plyometric specialists. This well-rounded support system is designed to optimize physical performance, enhance mental resilience, and prevent injuries, allowing players to reach their full potential.

To ensure our athletes stay on track, our Sporting Directors leverage cutting-edge technology to survey biometric and social-emotional data in near real-time. This data-driven approach allows us to monitor player progress, ensure benchmarks are being met, and take proactive measures when necessary. Additionally, our players benefit from access to Spain's top healthcare system through Sanitas Health Care, the trusted provider for Real Madrid CF. This ensures they receive world-class medical support, reinforcing our commitment to their long-term well-being and success.









# ACADEMIC EXCELLENCE

Pro-Vía Academy's Gap-year program offers unique programs designed to help you grow as an athlete, student, and future professional—whether you aim to secure a scholarship in the U.S., improve your career opportunities, or gain a degree that allows you to work right away. With the opportunity to train in Spain, immerse yourself in the Spanish language, and enroll in prestigious courses, you'll be setting yourself up for success both on and off the field. Choose the path that best fits your goals:

## Option A: One Year of Growth, Learning, and Preparation for the Future

Spend an academic year in Spain refining your football skills, mastering the Spanish language, and building a strong academic foundation that can open doors to universities and scholarships in the U.S. This program is designed for athletes who want to elevate their game while also preparing for future career opportunities.

You will:

- Enhance your Spanish proficiency through a Spanish Language and Cultural Course, preparing for official Instituto Cervantes exams in Madrid.
- Gain teaching skills with the TEFL Course, equipping you with the basics to teach English as a foreign language worldwide.
- Open doors in education with the TSFL Course, which provides access to a Master's in Teaching Spanish as a Foreign Language—whether you pursue it in the future or extend your stay another year.

**You' will earn 18 transferable credits**





## Option B: Two Years of Football, Language Mastery, and a High-Demand Degree

If you're looking for an immersive experience that not only enhances your football career but also provides a professional degree with immediate career prospects, this two-year program is the ideal choice. You'll develop skills that make you employable in one of the most in-demand fields while living and training in Spain.

You will:

- ▮ Become fluent in Spanish with two years of intensive Spanish Language and Cultural Courses, preparing you for official certification.
- ▮ Develop teaching expertise with the TEFL Course in your first year, giving you a valuable skill set that can lead to global job opportunities.
- ▮ Earn a professional qualification by enrolling in the Superior Technician in Multiplatform Applications Development Course. Upon graduation, you'll be equipped to develop, implement, and maintain software applications across multiple platforms, ensuring high employability in a tech-driven world.

### We've got you covered.

If you are unsure about is the right path for you, that's okay! Reach out to us at [education@pro-viaacademy.com](mailto:education@pro-viaacademy.com) and we will assist you in choosing the best option for you!





# A HOME AWAY FROM HOME

At Pro-Viá, we know that peak performance isn't just built on the field—it's shaped by your environment, lifestyle, and daily routines. That's why we've carefully selected Micampus as the official residence for our student-athletes in Madrid. This modern, secure, and athlete-friendly facility is designed to provide the perfect balance of comfort, convenience, and high-performance living.

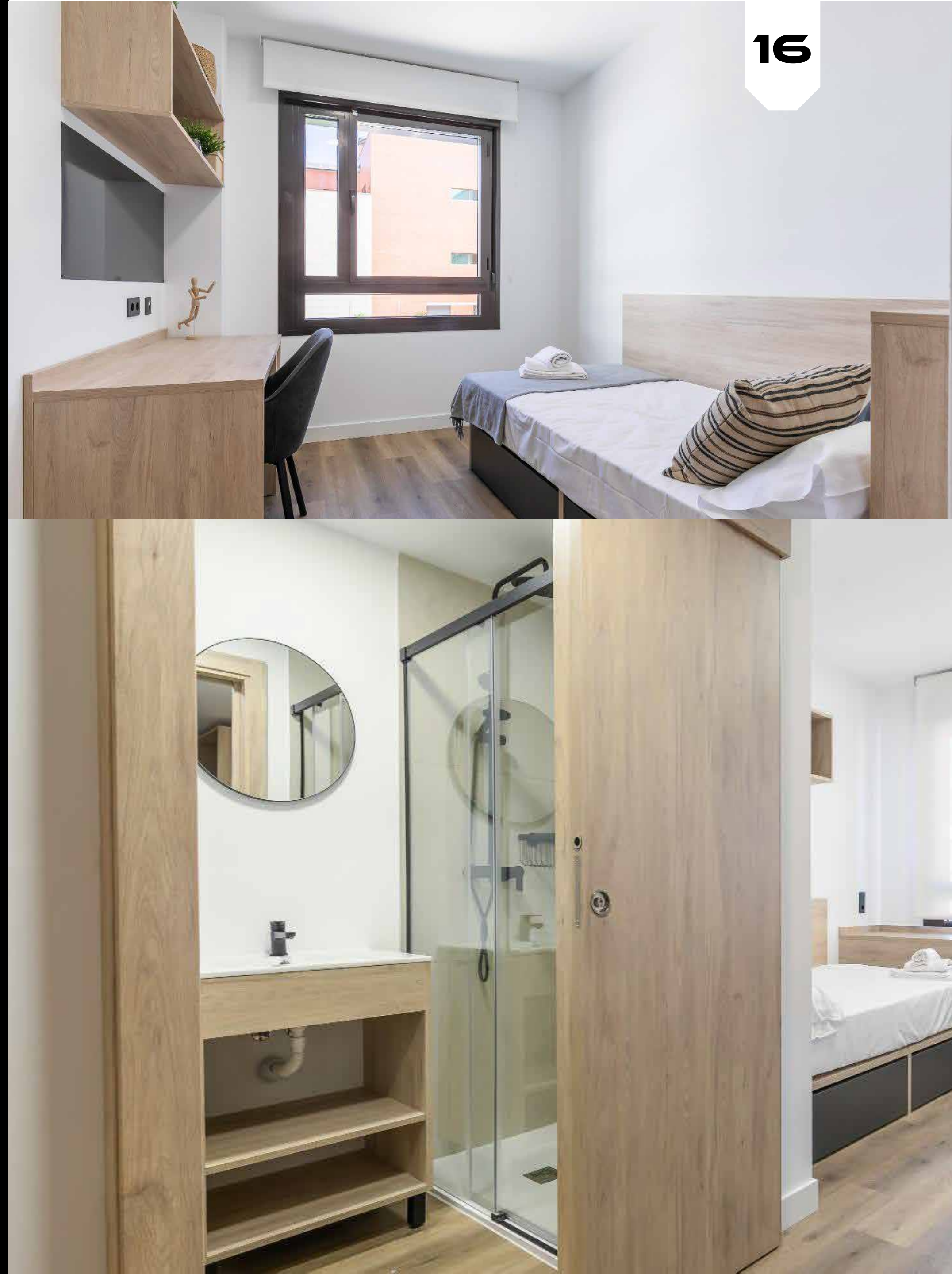
## Your Space, Your Comfort

Your room isn't just a place to sleep—it's a personal retreat where you can recharge, focus, and prepare for the challenges ahead. Each fully furnished room is equipped with:

- ❑ A full bathroom for privacy and comfort.
- ❑ Air conditioning and heating to ensure a comfortable living environment all year round.
- ❑ High-speed Wi-Fi, so you can stay connected for studies, training analysis, and staying in touch with family.

To keep your space fresh and clean, a professional cleaning service will come every two weeks, ensuring that your focus remains on your training, academics, and personal growth.

It's a dynamic living space designed for both comfort and community. The residence features spacious common areas where athletes can relax and connect, quiet study rooms for focused learning, and on-site restaurants providing convenient dining options. For downtime, residents can enjoy the cinema room, perfect for unwinding with teammates after a day of training and classes. It's a space where student-athletes can balance work, play, and rest—all within a top-tier facility.





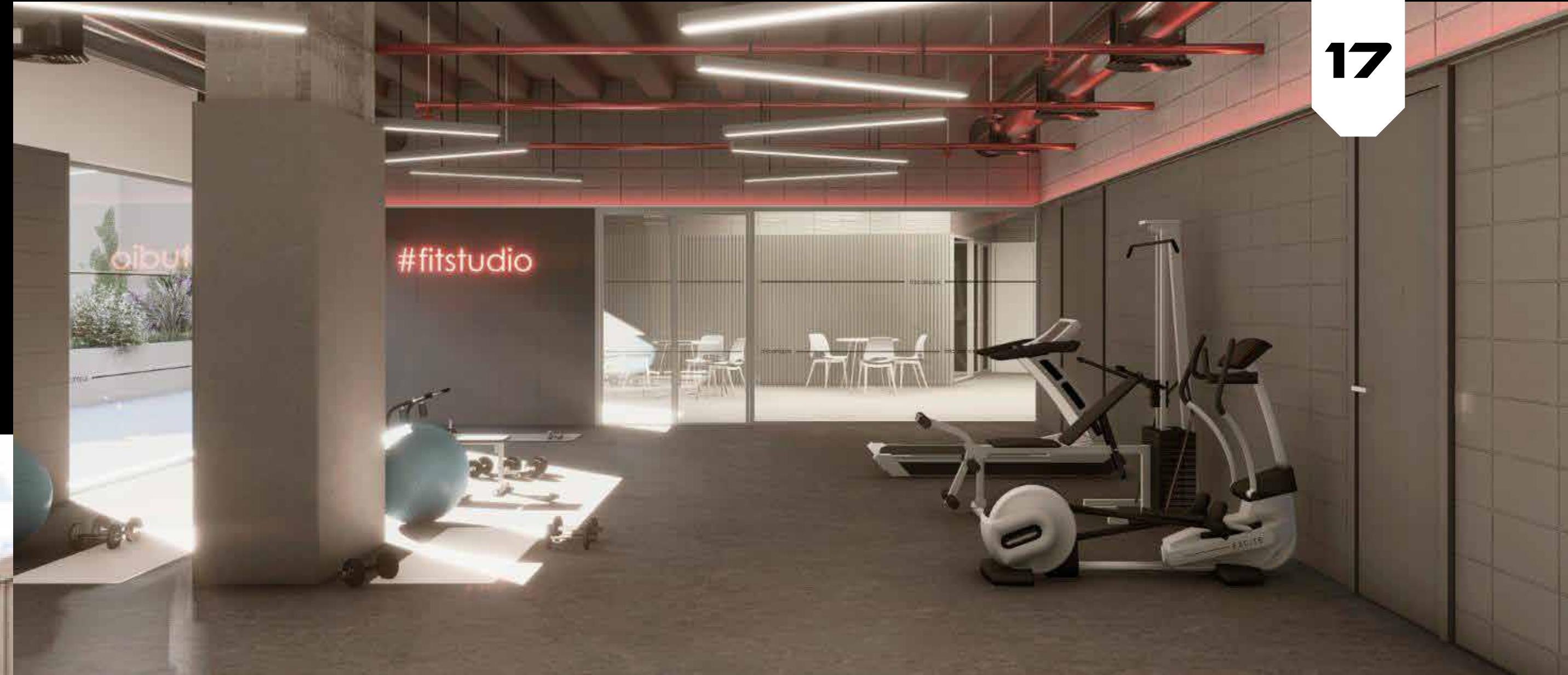
## Train Beyond the Field

Athletic performance extends beyond training sessions, which is why Pro-Viá student-athletes will have 24/7 access to a professional-grade gym right inside the residence. This state-of-the-art facility is equipped with the latest strength and conditioning equipment, allowing you to maintain peak physical fitness at any time.



## Convenient Location

Micampus offers easy access to public transportation and is strategically located near Pro-Viá training fields, ensuring you're always close to where you need to be.



## Nutrition Built for Champions

A high-performance lifestyle requires proper nutrition, and at Micampus, we take this seriously. Your meals will be catered by One Life, a renowned provider specializing in nutrition for elite athletes. Expect a menu designed to fuel your body with the right balance of proteins, carbohydrates, and essential nutrients—helping you recover faster







## Common Areas





# EXPLORE SPAIN: BEYOND THE FIELD

At Pro-Vía Academy's Gap-year program, your journey isn't just about football—it's about experiencing Spain's rich culture, history, and iconic landmarks. Our program includes guided trips in and around Madrid, where you'll visit must-see destinations like the legendary Santiago Bernabéu Stadium, home of Real Madrid. Beyond the capital, you'll have the chance to explore other incredible cities across Spain, immersing yourself in the country's diverse culture, breathtaking landscapes, and historic sites. Whether it's strolling through Madrid's vibrant streets, visiting world-famous museums, or discovering Spain's hidden gems, these experiences will make your time here unforgettable—both on and off the pitch.





# WHAT'S INCLUDED

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## Football

- ☐ Assessment and placement with RFEF teams
- ☐ Individualized training plans
- ☐ Access to high-level training facilities
- ☐ Strength and conditioning sessions
- ☐ Continuous performance tracking and development
- ☐ Exposure to scouts and professional networks
- ☐ Video analysis and performance feedback
- ☐ Regularly updated public player profile

## Education

- ☐ Spanish language classes
- ☐ Sports psychology and mindset coaching
- ☐ Tactical and technical football workshops
- ☐ Workshops on nutrition and injury prevention
- ☐ Career development and mentorship sessions

## Meals

- ☐ Nutritious meal plans designed for athletes
- ☐ Daily breakfast, lunch, and dinner
- ☐ Personalized dietary accommodations

## VISA

- ☐ Visa processing fees
- ☐ Complete guidance throughout the visa process
- ☐ TIE (residence card) acquirement after arrival in Spain
- ☐ Assistance with required documentation

## Accommodation

- ☐ Fully furnished modern housing
- ☐ 24//7 security and emergency support
- ☐ Access to gym and common areas
- ☐ Laundry services
- ☐ Wi-Fi and utilities included
- ☐ Proximity to training facilities and city amenities
- ☐ Proximity to world-class public transport

## Health & Safety

- ☐ Health insurance coverage
- ☐ Access to medical support and physiotherapy
- ☐ 24/7 emergency assistance

## Transportation

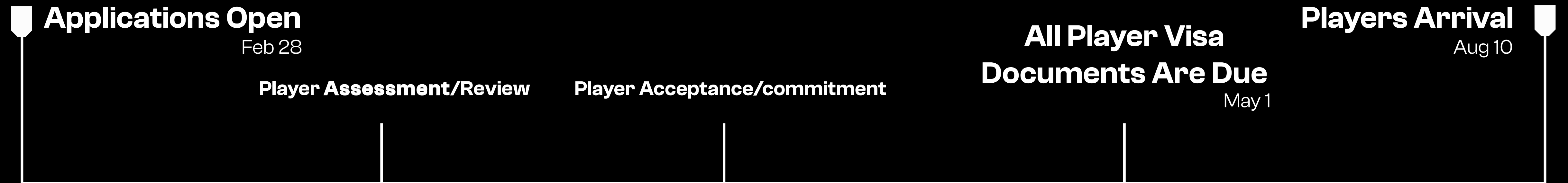
- ☐ Airport pick-up and drop-off
- ☐ Local transportation for matches
- ☐ Unlimited use public transport cards

## Cultural Experience

- ☐ Excursions and sightseeing in Spain
- ☐ Opportunities to attend professional matches
- ☐ Immersive cultural experiences



# APPLICATION TIMELINE

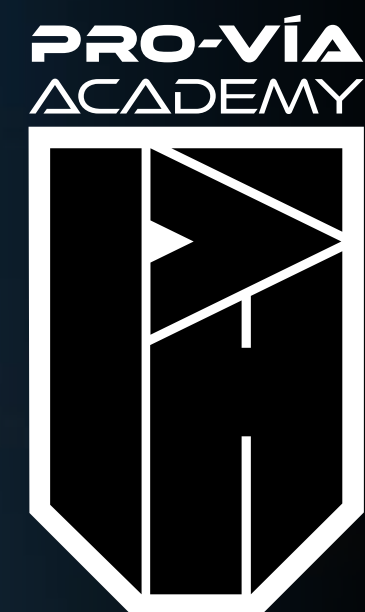


# PROGRAM TIMELINE



Season and Holiday dates are subject to change. There may be additional breaks (i.e Easter break) depending on the league the player is placed in.





What are you waiting for?

**JOIN THE PRO-VIA ACADEMY**

**GAP-YEAR PROGRAM NOW!**

Apply at [www.pro-viaacademy.com/apply](http://www.pro-viaacademy.com/apply)

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